



## **Policies/Agreements**

Please read the following agreements carefully. They contain policies that are important for your massage therapy session. If you have any questions on any of the items, please ask for clarification. When you have completed reading the form, please sign and date it.

- 1) All the information given on my INTAKE FORM is correct and up to date. I take it upon myself to update any pertinent changes in my health during future visits/sessions.
- 2) I understand that this massage is for stress reduction and relief of muscular tension or spasm, and is not a substitute for medical examinations or treatments. The therapist does not diagnose, treat, or prescribe for any illness, ailment, or disease. (Although wellness/healing will occur on any one or all 3 levels: mental, physical and emotional.)
- 3) I understand that I am always in control of my body during my session and will feel free to comment on the comfort or discomfort of pressure or type of stroke used. I can say "stop" at any time during the session.
- 4) I understand that I will be almost fully covered with a sheet or to my comfort level at all times. I need not feel embarrassed and may freely express if I feel I am not covered to my comfort level. The part of my body that is being worked on will be the main part uncovered. (Note: For certain modalities, it is in the client's best interest to disrobe as fully as possible so that the therapist(s) may have the best

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flexibility in draping and undraping in order to provide the most effective and beneficial massage.)

- 5) I agree to pay by Cash, Debit or Credit Card either before or after the massage.  
*\*Please Note: If paying by credit or debit card, there will be a 3% convenience fee applied to the price of the massage you are paying for.*

**Please ask about my special monthly membership program:**

**Option 1:** \$170 per month for (2) 60 minute massages per month. Provides a \$30 savings. (Does not include Hot Stone. Deep Tissue is \$1 extra per minute.)

**Option 2:** \$90 per month for (1) 60 minute massage per month.

Only 1 massage per month will be carried over and saved if you do not use a massage. Massages expire in 1 year. (Any additional time is \$20 per 15 mins for regular Swedish massage, for Deep Tissue add \$1 per each additional min.)

- 6) I understand that a 24 hour notice of cancellation is required; otherwise I will be required to pay \$30 for either a late cancellation or missed appointment.
- 7) If I am going to be late for an appointment, I agree to call as soon as possible and I understand that my time may be shortened as a result.
- 8) I understand that I am to come to or ready myself for my massage session by being showered or bathed.

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Client's Signature

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Today's Date

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